HOW TO GET THERE
About ten airlines fly to Martinique. A 8-hour flight from Europe to Fort-de-France and 5 hours from North America.
Information at:
- www.aircaraibes.com
- www.airfrance.fr
- www.corsair.fr
- www.xlairways.com
- www.condor.com
- www.aircanada.com
- www.airtransat.com
- www.norwegian.com
- www.americanairlines.com
- www.airantilles.com
- www.liat.com
- www.cubana.cu

LANGUAGES
French is the official language but Creole is also widely spoken.

HEALTH
No vaccine is required, only mosquito repellent is recommended. Bring sunblock.
Be aware of manchineel trees, these toxic trees are found by the beach and are marked with a red strip.
Underwater, avoid touching any plant or animal species.

RECOMMENDATIONS TO PROTECT THE ENVIRONMENT
Along the shores, the Conservatoire du Littoral [Coastal Protection Agency] and the Collectivité Territoriale de Martinique [Martinique’s Territorial Authority] invites you to discover the amazing landscapes, fauna and flora. Observe nature and listen to the stories it is telling you, but only transfer your emotions and memories. For more information: www.conservatoire-du-littoral.fr

NATURE WELCOMES YOU.
Unusual accommodations, vacation rentals in tropical gardens, villas with breathtaking views, etc. Martinique offers a wide range of accommodations for everyone to truly enjoy their own nature. Take advantage of the numerous vacation rentals and villas certified by the Ministry of Tourism.

TASTES AND FLAVORS OF MARTINIQUE.
Exotic, diverse and colorful, Martinique is proud of its cuisine. All over the island, chefs cook and reinvent Martinique’s extraordinary local cuisine.

FOR MORE INFORMATION
US.MARTINIQUE.ORG
COMPTÉ MARTINIQUAIS DU TOURISME
CONTACTS DU TOURISME
4, RUE PIERRE-MRAI
97276 FORT-DE-FRANCE CEDEX
TÉL. : 05 96 61 61 77 – FAX : 05 96 61 22 72
www.martinique.org
infos.cmt@martiniquetourisme.com

INHABITANTS
380,000

TIME DIFFERENCE
-5 HOURS IN MONTREAL
-6 HOURS IN PARIS

CURRENCY
Euro.

ACCOMMODATION
A wide range of accommodations is available: hotels (from 2 to 5 stars), holiday villages, tourist residences and furnished accommodations, guest rooms…

HIKING
Marked trails to discover nature safely:
- Anse Trabaud - Anse Caritan
- Montravail Forest (2 trails)
- Macabou – Cap macré
- Morne rose – Savane St-Cyr
- Crève-Cœur
- Mount Pelée by the Aileron
- Trace des Jésuites.
The long trail of the Caravelle.
More than 5-mile (8km) long, this trail offers splendid views of cliffs and savannas throughout the nature reserve. On this trail, you can actively discover the Mangrove and the Baie du Trésor. Simply magical.

FOR MORE INFORMATION
LA MARTINIQUE
ELLE VOUS
ARE YOU LOOKING FOR A LITTLE CORNER OF NATURE? MARTINIQUE WILL OFFER YOU THE GREATEST EXPERIENCES.

Photo credits: photo library Comité Martiniquais du Tourisme, R. Pakiela, Doucè Kréyol, R. Haughton, TiFox, L. Olivier, F. Smith, B. Voyer, J.-B. Barret Habitation Céron, D. Giral, F. Mastelli, Raid des Alizés / Scoopdyga @TVSPORTEVENTS.

Nature Park of Martinique
Tel.: 0 11 596 596 64 42
Email: contact@pnr-martinique.com
Website: pnr-martinique.com

Martinique’s Hiking Committee
Tel.: 0 11 596 596 70 54
Email: cdrp.martinique@wanadoo.fr

WEATHER THROUGHOUT THE YEAR
Air temperature: 86°F (30°C)
Water temperature: 82°F (28°C)

SAFETY
Friso-Exigence meeting EU requirements.

LANUGAES
French is the official language but Creole is also widely spoken.
IMMERSE YOURSELF IN MARTINIQUE’S FASCINATING NATURE.

As one of the 28 international hotspots for biodiversity with a Regional Natural Park covering 2/3 of its territory, Martinique is involved in the registration on the UNESCO World Heritage List for its marine and forest areas.

Did you know?

BEACHES

White sand or black volcanic sand, peaceful or rough, Martinique offers hundreds of beaches with a variety unequalled in any other place.

FAUNA AND FLORA

Orchids, heliconia, frangipani trees, flamboyant trees, hibiscus, etc. The Island of Flowers, as people like to call it, looks like the Garden of Eden. A veritable symbol of Martiniquan culture, flowers can be found everywhere in parks, flower gardens and vegetable patches, arboretums and renowned Creole gardens show the generosity of the land and the island’s cultural influences. And up in the air, there are more than two hundred bird species, from the hummingbird to the bananaquit (go visit the Bernard David Town Museum to observe them nesting on Diamond Rock). In the sea, dolphins, whales and toothed whales, turtles, giant gorgonian corals and colorful fish are waiting for you near the corals.

MANGROVE

A gigantic forest in the water, the Martiniquan mangrove is home to a vast diversity of plants and aquatic species such as the salt-tolerant plants and red mangroves. The drier forest and sheltered areas host wonderful shaded and lush communities. The area is also renowned for its birdwatching, including scarlet ibis, blue-footed heron, and the marbled godwit. The mangrove of Lamentin and the mangrove of Pointe-a-Pitre are the only two areas in Martinique where the mangrove conch, a typical species of the Caribbean, is found.

REMARKABLE FORESTS AND TREES

Between the mountains and the sea, the Martiniquan forest has multiple faces. The tropical rain forest, breathtakingly beautiful with its canopy. The semi-humid forest and its unique flora with fantastic species such as the forest thrush and the red partridge. The dry forest, an incredible sand forest with cereus cactuses and Lesser Antillean iguanas. The Lamentin Forest Reserve is the largest protected area in Martinique.

TOMBOLO

Created by the combination of waves and winds, the tombolo of Ilet Sainte-Marie is a spectacular phenomenon. From January to May, this sandspit appears and enables you to reach, by foot, by bike or even horseback riding, Petite-Anse, Sainte-Marie’s beach, and the Ilet Sainte-Marie, perfect for strolling or picnicking. And then, disappears again.

LA CARAVELLE NATURE RESERVE

Dry forest, mangrove, savannah and cliffs, the reserve of La Caravelle presents a remarkable biodiversity. Located on the most ancient rock of Martinique, it offers one of the greatest tree species of the island.

YOUR GREATEST SENSATIONS.

ON LAND

To enjoy the green wealth of Martinique, activities are available for both land and water. More than 111 miles (180km) of trails are available for land-based hikes and treks, or choose one of the islands’ hundred beaches and enjoy the underwater sealife of the lagoons de François or of any one of the diving spots.

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AT SEA

Traditional or modern sailing, kitesurfing, Martinique’s sea also promises pure sensations. And for those who love the seabed, you can practice diving or snorkeling everywhere. Go on and discover the underwater trail of the Ilets du François or join one of the diving spots.

With a 1,397m high peak, Mount Pelée is an active volcano in the world located in the North of Martinique. Do not miss out on the incredible hike to the top.

YOUR GREATEST EMOTIONS.

“With its set of secret trails, dry forest, mangrove and magical nature, Martinique presents a wide variety of outdoor recreational activities to discover a rich, rich culture and heritage, breathtaking views, extraordinary historical and geological heritage. To contact an experienced guide for a magical and captivating country!”

RENÉ, MID-MOUNTAIN GUIDE.
IMMERSE YOURSELF IN MARTINIQUE’S FASCINATING NATURE.

As one of the 28 international hotspots for biodiversity with a Regional Natural Park covering 2/3 of its territory, Martinique is involved in the registration on the UNESCO World Heritage List for its volcanoes and forest areas.

Did you know?

BEACHES

Orchids, heliconia, frangipani trees, flamboyant trees, hibiscus, etc. The Island of Flowers, as people like to call it, looks like the Garden of Eden. A veritable symbol of Martiniquan culture, flowers can be found everywhere in parks, flower gardens and vegetable patches, arboretums and renowned Creole gardens show the generosity of the land and the island’s cultural influences. And up in the air, there are more than two hundred bird species, from the hummingbird to the bananaquit (go visit the Bernard David Town Museum to observe them nesting on Diamond Rock). In the sea, dolphins, whales and toothed whales, turtles, giant gorgonian corals and colorful fish are waiting for you near the corals.

MANGROVE

A gigantic forest in the water, the Martiniquan mangrove is home to a wide diversity of species and villages, and the region is a perfect place for a boat trip to discover the mangrove.boats, by water in a kayak or with full-bottomed boat.
IMMERSE YOURSELF IN MARTINIQUE’S FASCINATING NATURE.

As one of the 35 international hotspots for biodiversity with a Regional Natural Park covering 2/3 of its territory, Martinique is involved in the registration on the UNESCO World Heritage List for its volcanic and forest areas.

Did you know?

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White sand or black volcanic sand, peaceful or rough, Martinique offers hundreds of beaches with a variety unequalled in any other place.

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Orchids, heliconia, frangipani trees, flamboyant trees, hibiscus, etc. The Island of Flowers, as people like to call it, looks like the Garden of Eden. A veritable symbol of Martiniquan culture, flowers can be found everywhere in parks, flower gardens and vegetable patches, arboretums and renowned Creole gardens. And up in the air, there are more than two hundred bird species, from the hummingbird to the bananaquit (go visit the Bernard David Town Museum to observe them nesting on Diamond Rock). In the sea, dolphins, whales and toothed whales, turtles, giant gorgonian corals and colorful fish are waiting for you near the corals.

MANGROVE

A gigantic forest in the water, the Martiniquan mangrove is home to a vast diversity of species and migration of aquatic birds. The mangrove is an area of great ecological importance. It provides shelter and protection for a wide variety of wildlife such as birds, fish, crabs, and other marine life. It helps to stabilize the coastline, protect against storms, and produce valuable resources like wood, food, and medicine.

LA CARAVELLE NATURE RESERVE

Dry forest, mangrove, savanna and cliffs, the reserve at St. Louis is the perfect place to experience the rich biodiversity of Martinique. Located on the most ancient rock of Martinique, it offers one of the greatest bird spots of the island.

REMARKABLE FORESTS AND TREES

Between the mountains and the sea, the Martiniquan forest has multiple faces. The tropical rain forest, breathtakingly beautiful with its canopy. The semi-humid forest, and its unique flora with fantastic species such as the forest thrush and the red partridge. The dry forest, an ocean of sand with its unique flora including the lesser Antillean iguana. Several reserves, like the Botanical Garden of Martinique, and the 37-km-long trail of the Forest of Emeraude offer a natural laboratory.

TOMBOLO

Created by the combination of seas and islands, the tombolo of Ilet Sainte-Marie is a spectacular phenomenon. From January to May, this sandspit appears and enables you to reach, by foot, by bike or even horseback riding, Petite-Anse, Sainte-Marie’s beach, and the Ilet Sainte-Marie, perfect for strolling or picnicking. And then, it disappears again.

AT SEA

Traditional or modern sailing, kitesurfing, Martinique’s sea also promises pure sensations. And for those who love the seabed, you can practice diving or snorkeling everywhere. Go on and discover the underwater trail of the Ilets du François or join one of the diving clubs.

YOUR GREATEST SENSATIONS.

ON LAND

To enjoy the green wealth of Martinique, various activities are available for families and friends. More than 111 miles (180km) of trails to explore by foot, mountain bike or even horseback riding. Professionals are available to guide you.

AT SEA

Traditional or modern sailing, kitesurfing, Martinique’s sea also promises pure sensations. And for those who love the seabed, you can practice diving or snorkeling everywhere. Go on and discover the underwater trail of the Ilets du François or join one of the diving clubs.

YOUR GREATEST EMOTIONS.

“With its set of secret trails, dive into the generous and magical nature, the “Péyi Matnik” offers its visitors an exciting variety of outdoor recreational activities to discover a rich, colorful and unusual country. Breathing views, extraordinary historical and geographical sites, it is a country to explore and experience. This magical and captivating country!”

RENÉ, MID-MOUNTAIN GUIDE

217 miles (350km) of coats

111 miles (180km) of marked trails

Mount Pelée; 1,397 m of altitude

With a 1,387m Ascent peak, Mount Pelée is an active volcano in the world located in the North of Martinique. Do not miss out on the beautiful views of the sea and the coast.
HOW TO GET THERE
About ten airlines fly to Martinique. 8-hour flight from Europe to Fort-de-France and 5 hours from North America.
Information at:
www.aircaraibes.com
www.airfrance.fr
www.corsair.fr
www.xlairways.com
www.condor.com
www.aircanada.com
www.airtransat.com
www.norwegian.com
www.americanairlines.com
www.airantilles.com
www.liat.com
www.cubana.cu

LANGUAGES
French is the official language but Creole is also widely spoken.

HEALTH
No vaccine is required, only mosquito repellant is recommended. Bring sunblock. Be aware of manchineel trees, these toxic trees are found by the beach and are marked with a red strip. Underwater, avoid touching any plant or animal species.

RECOMMENDATIONS TO PROTECT THE ENVIRONMENT
Along the shores, the Conservatoire du Littoral and the Collectivité Territoriale de Martinique invite you to discover the amazing landscapes, fauna and flora. Observe nature and listen to the stories it is telling you, but only touch your own emotions and memories.

TASTES AND FLAVORS OF MARTINIQUE.
Exotic, diverse and colorful, Martinique is proud of its cuisine. All over the island, chefs cook and reinvent Martinique’s extraordinary local cuisine.

FOR MORE INFORMATION
US.MARTINIQUE.ORG

NOUVEAU HÔTEL 5 TOURES - RESORT DE LA BAIE DES JANETTES
MÉDITERRANÉE
185, RUE DU BEL Hôtel - BOBAT
972 42 MARTINIQUE
TÉL. : 01 44 77 86 00 - FAX : 01 44 77 86 25
hotel.us.martinique@wanadoo.fr

NATURAL RESERVE OF MARTINIQUE
Tel.: 01 44 77 86 10
Email: contact@pnrmartinique.com
Website: pnr-martinique.com

MARTINIQUE’s HIKING COMMITTEE
Tel.: 01 44 77 86 90
Email: cdrp.martinique@wanadoo.fr

MARTINIQUE’S OFFICE IN PARIS
32, BLVD HAUSSMAN
F-75009 PARIS
TÉL. : 01 44 77 86 00 - FAX : 01 44 77 86 25
www.martinique.org

MARTINIQUE’s OFFICE IN NEW YORK
825, THIRD AVENUE
NEW YORK, N.Y. 10022 – 7519
TÉL. 00 1 212 838 68 87
www.us.martinique.org

MARTINIQUE’s OFFICE IN MONTREAL
1800, AVENUE MC GILL COLLEGE
BUREAU 1010
MONTRÉAL, QUÉBEC H3A 3J6
TÉL. : 00 1 514 844 85 66 – FAX : 00 1 514 844 89 01
www.lamartinique.ca

UNUSUAL ACCOMMODATIONS, VACATION RENTALS IN TROPICAL GARDENS, VILLES WITH BREATH-TAKING VIEWS, ETC. MARTINIQUE OFFERS A WIDE RANGE OF ACCOMMODATIONS TO SUIT ALL TYPES OF TRAVELERS AND BUDGETS. TAKE ADVANTAGE OF THE MANY CURRENCIES OFFERED IN THE MARTINIQUE AREA, TWO CERTIFICATION LABELS RECOGNIZED BY THE MINISTRY OF TOURISM.
PRACTICAL MARTINIQUE

HOW TO GET THERE

LANGUAGES
French is the official language but Creole is also widely spoken.

HEALTH
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FOR MORE INFORMATION
US.MARTINIQUE.ORG

MARTINIQUE - EN BELLE-FOISSE
165, RUE DE LA MAISON-NOIRE - 97211 FORT-DE-FRANCE CEDEX - TÉL. : 05 96 55 66 66 - FAX : 05 96 55 65 04
www.martinique.org
infos.cmt@martiniquetourisme.com

MARTINIQUE - EN AMÉRIQUE DU NORD
3 FLORENTINE STREET - PITTSDALE - NEW JERSEY 07961 - TÉL. : 330 268 04 23 - FAX : 330 262 89 04
www.martinique.us

MARTINIQUE - EN EUROPE
16, PLACE DES HALLES - 75116 PARIS - TÉL. : 01 42 60 66 66 - FAX : 01 42 60 66 67 - www.martinique.eu

MARTINIQUE - EN AMÉRIQUE DU SUD
201, AVENUE LIBERTADOR GOMEZ - 60000 CALI - COLOMBIA - TÉL. : 57 01 77 78 89 - FAX : 57 01 77 78 80 - www.martinique.co

MARTINIQUE - EN JAPON
30, MAMIYA 6 - CHIYODA-KU - TÔKYÔ 102-0083 - TÉL. : 03 34 54 94 00 - www.martinique.jp

WEATHER THROUGHOUT THE YEAR
Air temperature 86°F (30°C) Water temperature 82°F (28°C)

ACCOMMODATION
A wide range of accommodations is available: hotels (from 2 to 5 stars), holiday villages, tourist residences and furnished accommodations, guest rooms…

Hiking Marked trails to discover nature safely:
- Anse Trabaud - Anse Caritan
- Montravail Forest (2 trails)
- Macabou – Cap macré
- Morne rose – Savane St-Cyr
- Crève-cœur
- Mount Pelée by the Aileron
- Trace des Jésuites.

LA MARTINIQUE WELCOMES YOU.
Unusual accommodations, vacation rentals in tropical gardens, villas with breathtaking views, etc. Martinique offers a wide range of accommodations for everyone to take and meet nature. To take advantage of the island’s unique biodiversity, Martinique has the Clévacances and Gîtes de France certification labels recognized by the Ministry of Tourism.

NATURAL RESERVE OF MARTINIQUE: THE MANGROVE AND THE BAIE DU TRÉSOR.
Simply magical.

Nature Park of Martinique Tel.: 0 11 596 596 64 42 69 Email: contact@pnr-martinique.com Website: pnr-martinique.com

Martinique’s Hiking Committee Tel.: 0 11 596 596 70 54 88 Email: cdrp.martinique@wanadoo.fr

INHABITANTS
380,000

SAFETY
French Department meeting EU requirements.

ACCOMMODATION
A wide range of accommodations is available: hotels (from 2 to 5 stars), holiday villages, tourist residences and furnished accommodations, guest rooms...

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