

# LA MARTINIQUE ELLE VOUS



ARE YOU LOOKING FOR  
A LITTLE CORNER OF NATURE?  
MARTINIQUE WILL OFFER YOU  
THE GREATEST EXPERIENCES.

—Mount Pelée

Martinique loves you



LA MARTINIQUE



# IMMERSE YOURSELF IN MARTINIQUE'S FASCINATING NATURE.

DID YOU KNOW?

As one of the **35 international hotspots for biodiversity** with a *Regional Natural Park* covering 2/3 of its territory, **Martinique is involved in the registration on the UNESCO World Heritage List** for its volcanic and forest areas.



## BEACHES

White sand or black volcanic sand, peaceful or rough, Martinique offers hundreds of beaches with a variety unequalled in any other places.

## REMARKABLE FORESTS AND TREES

Between the mountains and the sea, the Martiniquan forest has multiple faces. The tropical rain forest, breathtakingly beautiful with its canopy. The semi-humid forest and its unique flora with fantastic species such as the forest thrush and the red partridge. The dry forest, an incredible sand forest with cereus cactuses and Lesser Antillean iguanas. Sights: the *Domaine d'Emeraude* [Emerald Estate], its exploratory pavilion and 2.5 miles (4km) of managed forest.



## FAUNA AND FLORA

Orchids, heliconia, frangipani trees, flamboyant trees, hibiscus, etc. The Island of Flowers, as people like to call it, looks like the Garden of Eden. A veritable symbol of Martiniquan culture, flowers can be found everywhere in parks, flower gardens and vegetable patches, arboreturns and renowned Creole gardens show the generosity of the land and the island's cultural influences. And up in the air, there are more than two hundred bird species, from the hummingbird to the bananaquit (go visit the Bernard David Town Museum to observe them nesting on Diamond Rock). In the sea, dolphins, whales and toothed whales, turtles, giant gorgonian corals and colorful fish are waiting for you near the corals.



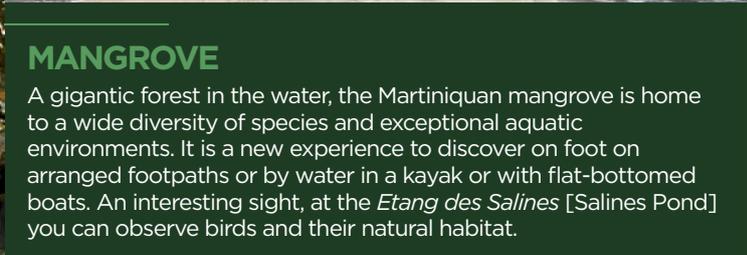
## TOMBOLO

Created by the combination of sea currents and tides, the tombolo of the *Ilet Sainte-Marie* is a spectacular phenomenon. From January to May, this sandspit appears and enables you to reach, by foot, by bike or even horseback riding, *Petite-Anse*, Sainte-Marie's beach, and the *Ilet Sainte-Marie*, perfect for strolling or picnicking. And then, disappears again.



## MANGROVE

A gigantic forest in the water, the Martiniquan mangrove is home to a wide diversity of species and exceptional aquatic environments. It is a new experience to discover on foot on arranged footpaths or by water in a kayak or with flat-bottomed boats. An interesting sight, at the *Etang des Salines* [Salines Pond] you can observe birds and their natural habitat.



## LA CARAVELLE NATURE RESERVE

Dry forest, mangrove, savanna and cliffs' flora, the reserve of La Caravelle presents a remarkable biodiversity. Located on the most ancient rock of Martinique, it offers one of the greatest hiking spots of the island.



# YOUR GREATEST SENSATIONS.

## ON LAND

To enjoy the green wealth of Martinique, various activities are available for families and friends. **More than 111 miles (180km) of trails to explore by foot, horseback riding or mountain bike.** And to discover the island by other means, **try out canyoneering or paragliding.** Professionals are available to guide you.

## AT SEA

**Traditional or modern sailing, kitesurfing,** Martinique's sea also promises pure sensations. And for those who love the seabed, you can practice **diving or snorkeling** everywhere. Go on and discover the underwater trail of the Ilets du François or join one of the diving clubs.



**217 miles (350km)** of coasts

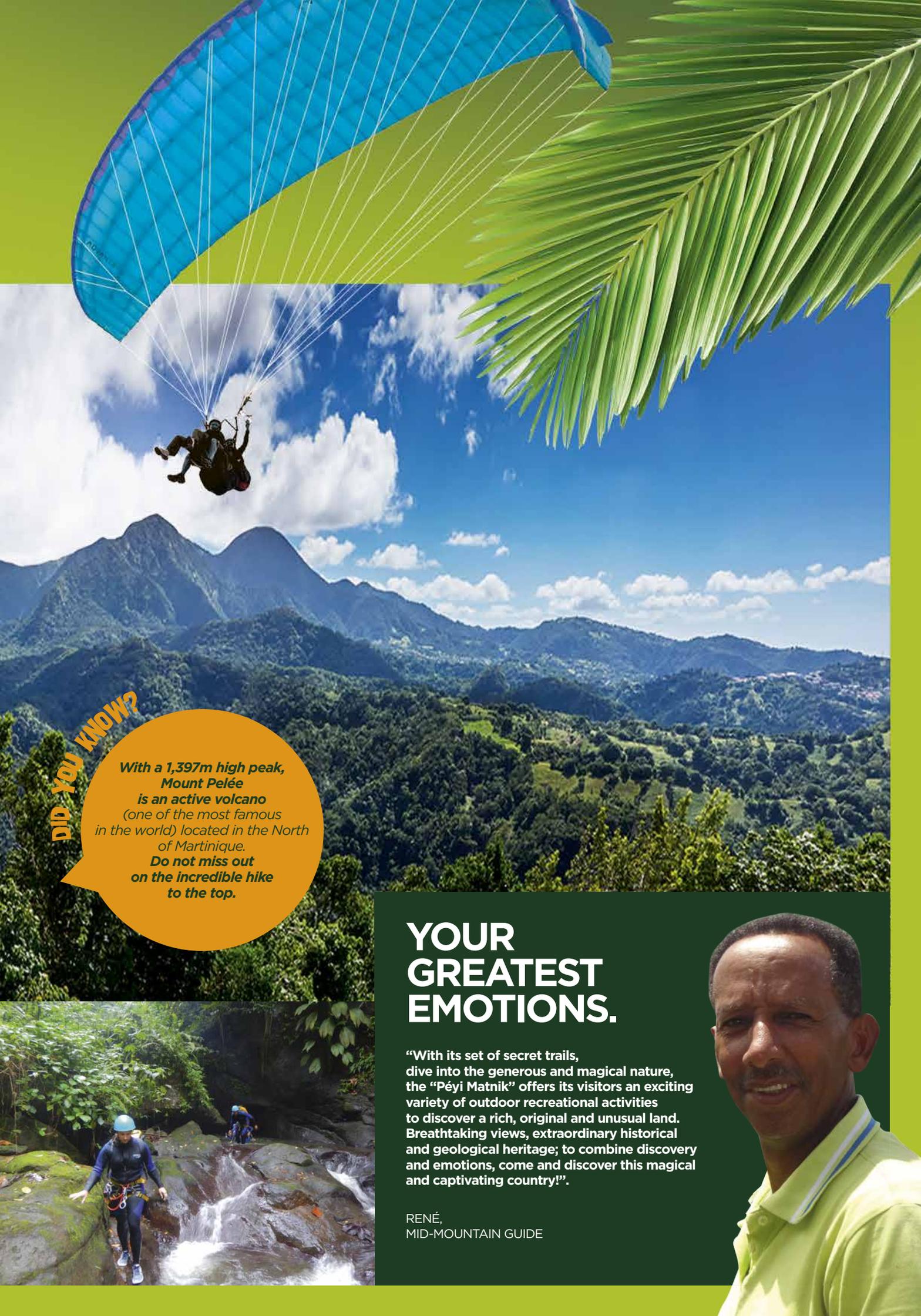
**1 international hotspot** for biodiversity

**111 miles (180km)** of marked trails

Mount Pelée

**1,397 m** of altitude





**DID YOU KNOW?**

**With a 1,397m high peak, Mount Pelée is an active volcano** (one of the most famous in the world) located in the North of Martinique. **Do not miss out on the incredible hike to the top.**

# YOUR GREATEST EMOTIONS.

“With its set of secret trails, dive into the generous and magical nature, the “Péyi Matnik” offers its visitors an exciting variety of outdoor recreational activities to discover a rich, original and unusual land. Breathtaking views, extraordinary historical and geological heritage; to combine discovery and emotions, come and discover this magical and captivating country!”.

RENÉ  
MID-MOUNTAIN GUIDE



# PRACTICAL MARTINIQUE

## HOW TO GET THERE

About ten airlines fly to Martinique.

8-hour flight from Europe to Fort-de-France and 5 hours from North America.

Information at:

[www.aircaribes.com](http://www.aircaribes.com)  
[www.airfrance.fr](http://www.airfrance.fr)  
[www.corsair.fr](http://www.corsair.fr)  
[www.xlairways.com](http://www.xlairways.com)  
[www.condor.com](http://www.condor.com)  
[www.aircanada.com](http://www.aircanada.com)  
[www.airtransat.com](http://www.airtransat.com)  
[www.norwegian.com](http://www.norwegian.com)  
[www.americanairlines.com](http://www.americanairlines.com)  
[www.airantilles.com](http://www.airantilles.com)  
[www.liat.com](http://www.liat.com)  
[www.cubana.cu](http://www.cubana.cu)

## LANGUAGES

French is the official language but Creole is also widely spoken.

## WEATHER THROUGHOUT THE YEAR

Air temperature **86°F** (30°C)  
**82°F** (28°C) Water temperature

## SAFETY

French Department meeting EU requirements.

## ACCOMMODATION

A wide range of accommodations is available: **hotels (from 2 to 5 stars), holiday villages, tourist residences and furnished accommodations, guest rooms...**

# 380,000 INHABITANTS

## TIME DIFFERENCE

PARIS MONTRÉAL

**-5** HOURS IN WINTER  
**-6** HOURS IN SUMMER

**-1** HOURS IN WINTER  
**0** HOURS IN SUMMER

## I.D.

Valid Identity Card or Passport for EU citizens.  
Passport for other visitors.

## HEALTH

No vaccine is required, only mosquito repellent is recommended. Bring sunblock. Be aware of manchineel trees, these toxic trees are found by the beach and are marked with a red strip. Underwater, avoid touching any plant or animal species.

## RECOMMENDATIONS TO PROTECT THE ENVIRONMENT

Along the shores, the *Conservatoire du Littoral* [Coastal Protection Agency] and the *Collectivité Territoriale de Martinique* [Martinique's Territorial Authority] invites you to discover the amazing landscapes, fauna and flora. Observe nature and listen to the stories it is telling you, but only bring back your emotions and memories. For more information: [www.conservatoire-du-littoral.fr](http://www.conservatoire-du-littoral.fr)

## HIKING

Marked trails to discover nature safely:

- Anse Trabaud - Anse Caritan
- Montravail Forest (2 trails)
- Macabou - Cap macré
- Morne rose - Savane St-Cyr
- Crève-cœur
- Mount Pelée by the Aileron
- Trace des Jésuites.

The long trail of the Caravelle.

More than 5-mile (8km) long, this trail offers splendid views of cliffs and savannas throughout the nature reserve. On this trail, you can actively discover the Mangrove and the *Baie du Trésor*. Simply magical.

Nature Park of Martinique

Tel.: 0 11 596 596 64 42 69  
Email: [contact@pnr-martinique.com](mailto:contact@pnr-martinique.com)  
Website: [pnr-martinique.com](http://pnr-martinique.com)

Martinique's Hiking Committee

Tel.: 0 11 596 596 70 54 88  
Email: [cdrp.martinique@wanadoo.fr](mailto:cdrp.martinique@wanadoo.fr)

## CURRENCY

Euro.

# SURFACE AREA 1,100 KM<sup>2</sup>



# NATURE WELCOMES YOU.

Unusual accommodations, vacation rentals in tropical gardens, villas with breathtaking views, etc. Martinique offers a wide range of accommodations for everyone to truly enjoy their own nature. Looking for quality? Take advantage of numerous vacation rentals and villas certified *Clévacances* or *Gîtes de France 2*, two certification labels recognized by the Ministry of Tourism.



## TASTES AND FLAVORS OF MARTINIQUE.

Exotic, diverse and colorful, Martinique is proud of its cuisine. All over the island, chefs cook and reinvent Martinique's extraordinary local cuisine.

FOR MORE INFORMATION  
[US.MARTINIQUE.ORG](http://US.MARTINIQUE.ORG)

### COMITÉ MARTINICAIS DU TOURISME

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